

Panda Press

APRIL
2023

École Lacombe Upper Elementary (<http://www.elue.wolfcreek.ab.ca>)

(403)782-7410



BE THE CHANGE



Literacy Blitz 2023

March 20–23

The students and staff spent the week of March 20-23 celebrating literacy! We had many special activities each day to engage students and get them excited about reading.

Events included:

- * Try Everything Reading Café
- * Daily Mystery Readers
- * Digital Diversity Day
- * Virtual Author visit with author Jacqueline Guest
- * Get Wild about reading, wear animal print
- * Reading makes you bright, wear neon colors and sunglasses
- * School wide book exchange

ORDER YOUR
YEARBOOK
TODAY!

Go to: ybpay.ca

Yearbook ID Code: 13193623

Cost: \$15

Deadline to order: May 31, 2023

Quality Citizenship Recognition - March 2023

École Lacombe Upper Elementary School recognizes the value, necessity and significance of positive, contributing citizens within our school, community and society. It is our goal as a school, in conjunction with the home, to develop and enhance citizenship qualities and characteristics within individuals. This will provide an opportunity for every student in École Lacombe Upper Elementary School to work towards realizing his/her own personal aspirations while making a positive contribution to society as a whole. Students who demonstrate behaviors as delineated in the following criteria shall be eligible for the Quality Citizenship Recognition Award.

- Demonstrate positive interpersonal relationships with peers and adults.
- Demonstrate a consistent high level of responsibility, dependability and cooperation.
- Demonstrate a high level of consideration for the personal feelings and property of others.
- Demonstrate a positive role model in terms of leadership and participation in both school and classroom activities.

This month, the following students are being recognized as outstanding citizens and were treated to a coupon for a complimentary individual pizza and pop from Boston Pizza:

Aubrey Taylor	Cash Herbert	Khalel Abarro	Cayden Best
Avery Newman	Charlotte Patterson	Emersyn Pike	Kendal Switzer
Jordana Cochrane	William Matthie	Jake Carlson	Quinn Pobuda
Callum Agnew	Charlie Tee	Samuel Leavitt	

Congratulations to these outstanding citizens and also to our Staff of the Month:
Mrs. Wagar, Mrs. Ehr, Mrs. Ouellette



We would like to extend our appreciation to Marty Curtis of Subway for again sponsoring our Student of the Month Program this year! Once a month each teacher will choose two or three Students of the

Month and these students will meet with Mr. Fullarton or Mrs.

Ouellette and will receive a coupon compliments of Subway!

Huge thank you to Boston Pizza for continuing to sponsor our monthly Quality Citizen lunches. Boston Pizza generously gives each Quality Citizen a certificate for an individual pizza and a pop!

Wow, what great supporters of our school!



Happy Easter



Subway Students of the Month - March 2023



- ◆ Commencing the fourth week of September and ending the last week of June, each homeroom teacher will select three or four students once a month for this student recognition program.
- ◆ Students for this program will demonstrate academic excellence and/or excellent academic effort.
- ◆ Students who are chosen for this program will be called to the office by the administration and bring with them the work for which they have been selected. The student will share/discuss the work with the administration.
- ◆ A copy of the student's work and the student's picture will be displayed on the Student of the Month boards outside the general office for the following month. The student's name will also be announced.
- ◆ Students will receive a certificate highlighting their accomplishment and they will receive a gift coupon from the Student of the Month Sponsor, Subway.
- ◆ The administration will make a Happy Call to each student's parents/guardian congratulating the student on his/her accomplishment (s).

Victoria Loepky

Troy Adamson

Oaklyn Gonzalez

Kai Jones

Daniel Whitbread

Belle Skene

Lindsy Hartley

Naya Salima

Isaac Bowman

Aven Brown

Joel deVrij

Logan Bjarnason

Mia Braid

Carston Pimm

Tristan Duda

Lydia Guilbault

Joel Tancock

Fiona Roadhouse

Jayden Bullert

Xander Rockarts

Allan Salazar

Beckett Hampton

William McDougall

Everlee Dagg

Angelina Moo

Hemi Mitchell

Callen Seibel

Sam Darnell

Kyle Kostashuk

Aleigha Mackinnon

Paisley Ibbotson

Annabelle Burnham

Ayla Swier

Mackenzie Robles

Mason Willington

Archer Rice

Hunter Huseby



School Council Happenings

On March 21st, the Lacombe School Councils welcomed Kathy Jarrell from Alberta Health Services for a presentation to parents about the importance of resiliency. Topics also covered included:

- Clarifying the information and misinformation around mental states
- Understanding stress and the stress response
- Ideas and strategies for boosting mental health and resiliency
- When and how to access more support

A massive thank you to Kathy and the Lacombe School Councils for putting on this event and to Lacombe Composite High School for hosting this informative presentation.

What was the staff doing on the Staff Collaboration Days?

March 10th and 24th were Staff Collaboration Days where the staff was at school learning, growing, and collaborating on professional practice. These are extremely full and busy days where we focus on both school and division goals. On March 10th and 24th we focused on:

- The new division report card, learning the technology and how to effectively use PowerTeacher Pro, and assessment practices in the division.
- Grade team and student intervention team meetings.
- Details of our end of the year events such as Grade 6 Camp.
- Upcoming assessment such as the Provincial Achievement Tests for grade 6 students and the Alberta Education Numeracy and Literacy Assessments for all grade 4 students.
- Implementing the new curriculum in the 2023-2024 school year.
- Inclusive Education with a presentation from Alex Marshall.



Resources & Supports for Parents

Alberta Health Services:

Mental Health Literacy website:

<https://mentalhealthliteracy.org/>



Videos explaining stress:

<https://youtu.be/jHjkEfwfECo>

and for younger children:

<https://youtu.be/k8FiAxAqqYE>

Understanding ADHD:

https://youtu.be/xF0CLgM_TI0

 Community Education Services

Sign up for free webinars for parents and the community:

<https://ces.hmhc.ca/newsletter/>

and view the YouTube channel for previously recorded seminars:

https://www.youtube.com/watch?v=ZH-CsK4c6lc&list=PLi1tOF1I5ZoWtN4oILgPWHEoPP_7gIMdP&index=2

Caregiver Education (AHS Edmonton Zone)

www.cyfcaregivereducation.ca

Health Eating Starts Here

www.albertahealthservices.ca/nutrition/page12598.aspx

Mental Health for Children & Youth

www.albertahealthservices.ca/amh/page2748.aspx

Other Resources

Anxiety Canada

www.anxietycanada.com

Resources and programs to help people better understand and manage anxiety.

Cam's Kids

www.camskids.com

Organization supporting young people with anxiety through anxiety identification and resources.

Depression Hurts

www.depressionhurts.ca

Information, resources, and strategies on depression and other mood related disorders.

Help Guide

www.helpguide.org

Resources to strengthen mental health and well-being, navigate problems, and promote healthy life changes.

It Gets Better

www.itgetsbetter.org

Uplift LGBTQ2S+ individuals through resources, education, and connection.

Kelly McGonigal Ted Talk: How To Make Stress Your Friend

<https://youtu.be/RcGyVTAoXEU>

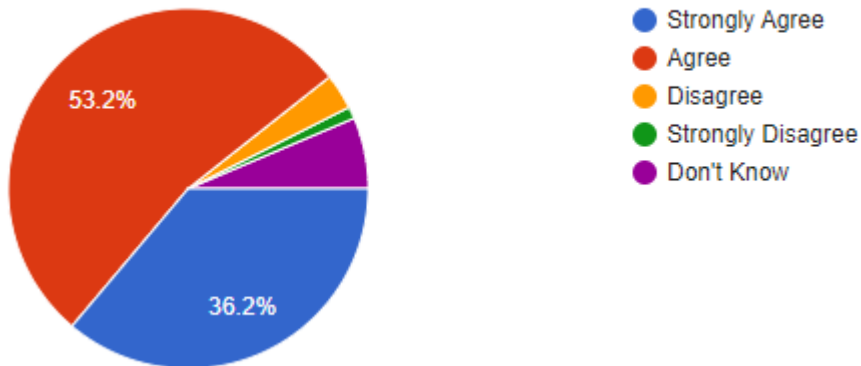
Recommended Books:

Drop the Worry Ball by Alex Russell

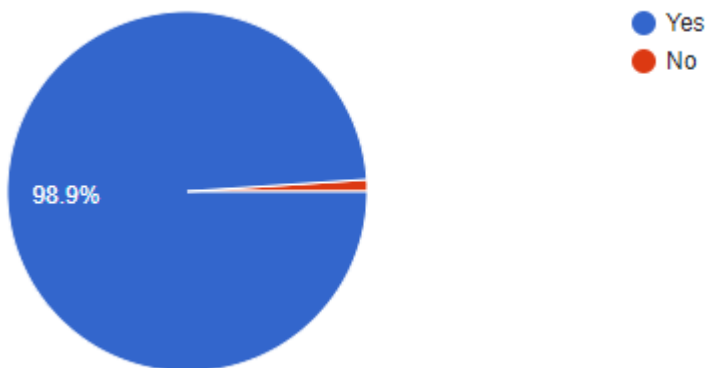
Growth Mindset by Carol Dweck

School Survey Results (February 2023)

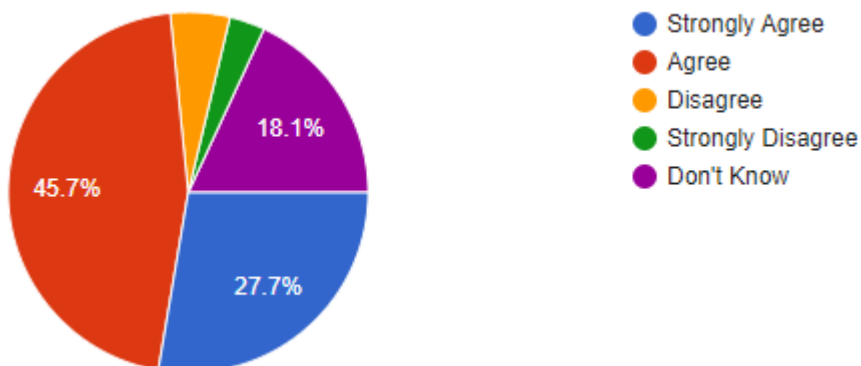
When your child needs it, teachers at your child's school are available to help them?



When you contact/visit the school (office or teaching staff) do you feel welcomed?



Your child feels represented at school and believe that their differences are acknowledged and celebrated.



The Parts of a Parent Reader

A Smart Mind,
to understand
the importance of
reading
with their child daily.

Eyes,
for seeing their child
and showing how
engaged they are.

Ears,
to listen to
their child's
questions.

A Mouth,
for reading books
to their child,
20 minutes
every day.

A heart,
to love and
desire a good
education for
their child.

Hands,
for hugging
their child
close while
reading a
favorite
book.

Books,
to share every day
with their child
to build their
language and
literacy.

Feet,
for walking to the
library each week to
discover new books.



The
Children's
Reading
Foundation

Badminton Club Starts Up SOON!

Any interested grade 5 and 6 students are invited to join another one of our after school sport clubs. The purpose of this club is to develop our badminton skills through skill development, drills and game play. Starting after Spring Break, badminton will run after school three nights of the week. We will begin on Monday, April 3rd and go until Monday, May 1st.



Students will sign up for one night, either Tuesday, Wednesday or Thursday from 3:30 - 4:30pm. Permission forms will be sent home soon.



After School Basketball

Mr. Miller would like to thank our after school basketball club players for making a commitment to come out to practice. We had a great time learning skills, doing drills and playing some fantastic games. We are very impressed with the growth of our athletes over the five week period.



Wonderful Wednesday!

As we head into spring, we are looking ahead to our 35th annual Wonderful Wednesday activity day. For more than 30 years, our students have had the opportunity to take part in a fun-filled day of crafting, sports, touring local businesses and many other activities. This year this event will be held on Wednesday, June 7.

Watch for more information to come regarding Wonderful Wednesday as we work on planning activities for our students.

We need parent volunteer drivers, please call the school if you are able to help on June 7.

random
act of kindness

Thank you SRO Constable Wilzer for motivating and inspiring all of our students to be kind and caring citizens!

Each time a student completes the Random Acts of Kindness Bingo (one per month) they can enter for a chance to win a \$25 gift certificate from Reds Sports. (February, March, April). In May all entries will be put in for a North Hatchet Scooter!



Kindness
MATTERS



CHOIR KIDS 2023

-Mr. Epp

On Monday, May 1st Music Club will be singing at an event called Choir Kids in Red Deer. This is an event where we get to sing our songs accompanied by member of the Red Deer Symphony Orchestra together with some other kid's choirs from Central Alberta. This will take place at Gaetz Memorial United Church on Monday, May 1 at 7:30 p.m. Tickets will go on sale starting April 1, 2023 and can be purchased online at www.rdso.ca

GRADE SIX CONCERT

-Mr. Epp

On Wednesday, April 26 at 2:00 p.m. (open dress rehearsal) and 7:00 p.m. (main show) the gym at our school is going to rock with the sounds of about 120 Grade six students drumming and singing their hearts out. Part of the performance will be a STOMP style percussion show highlighting the musical sounds of the... pail!!! So please take a bit of time out of your busy schedules and come out and support our students as they give their best on the stage. We'd love to see you there!

Grade 6 Outdoor School is coming up soon!

As part of the Alternative Environments component of the Alberta Physical Education curriculum, the grade six team at ELUE is organizing an Outdoor School Program. This program is offered to all grade six students. Camp one is June 5, 6, 7 Mrs. Mackay-Hawkins, Mr. Rankin and Mrs. Vaillancourt-Campeau. Camp two is June 7, 8, 9 M. Durocher, Mme Ince and Mr. Richter. Camp cost is \$195 per student which covers, meals, lodging, transportation and supplies. Outdoor School forms will come home after Spring Break!

Red Cross Babysitting Program

All grade six students have the opportunity to obtain Red Cross Babysitter Certification. Each grade 6 health class will be learning about the skills needed to be a safe and effective babysitter. At the completion of the in-class instruction, each student will complete an evaluation which will certify the student as a Red Cross Trained Babysitter. ELUES offers the program at a cost of \$10.00 per student. There is a new handbook so each student will need to purchase one. Please pay online if you haven't already done so.





Government
of Canada

Community Volunteer Income Tax Program

Need a Hand to Prepare Your Tax Return for free?



**REGISTRATION NOW OPEN!
VISIT OUR WEBSITE FOR ALL THE
DETAILS!**



SUMMER SWIM CLUB



FULL SEASON: May - August



HALF SEASON: May - June



AMAZING COACHES!



FUN SWIM MEETS!

www.lacombedolphinsswimclub.ca



FORBEEZ THEATRE GROUP

in association with
LACOMBE PERFORMING ARTS CENTRE



LACOMBE
PERFORMING
ARTS CENTRE

Presents a Musical Performance of

Cinderella & **ROCKERFELLA**

By Mark & Helen Johnson and Sue Langware



PERFORMANCES

- FRIDAY, APRIL 14th
at 7:00pm
- SATURDAY, APRIL 15th
at 2:00pm
- SATURDAY, APRIL 15th
at 7:00pm

GET YOUR TICKETS NOW

UNDER 12 YEARS \$12^{+gst} | OVER 12 YEARS \$15^{+gst}

- ONLINE @ www.forbeez.ca
Click on "Cinderella & Rockerfella Tickets"
- CALL 403.318.3449
- IN PERSON at Lacombe Performing Arts Centre
Tuesdays from 4:30pm-6pm
March 7th, 14th, 21st & April 4th, 11th

A portion of our proceeds will be donated to local charities; License #195498

April 2023

Sun

Mon



Tue

Wed

Thu

Fri

Sat

						1
2	3 	4	5 Subway Hot Lunch	6	7 	8
9	10 	11 Eastside Eatery Hot Lunch	12	13	14	15
16	17	18	19	20	21 Extreme Pita Hot Lunch	22
23	24	25	26 Boston Pizza Hot Lunch	27	28 Staff PD/ Collaboration Day	29
30						

May 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5 Spring and Class Photos	6
7	8	9	10	11	12	13
14	15 Grade 6 FLA PAT	16 Strathcona Christian Academy Band Performance	17 Grade 6 ELA PAT	18	19 EDO No School	20
21	22 Victoria Day No School	23 EDO No School	24	25	26	27
28	29	30	31			