

The students and staff spent the week of March 3–6 celebrating literacy! We had many special activities each day to engage students and get them excited about reading.

Events included:

- ⇒ Daily Mystery Readers
- \Rightarrow EJSM reading buddies
- \Rightarrow Mini Book Hunt
- ⇒ DEAR (Drop Everything and Read) where all students went into the hallway and read
- ⇒ Book Tasting
- \Rightarrow Author visit with author Jeff Martin
- \Rightarrow Dress up days: Main Character Energy, Cozy Up and Dream Big!
- ⇒ Dream it! Wear it! Live it! Dress up as your dream job or a hobby you love!
- ⇒ Your Future's Bright! Dress up in your brightest, most colorful outfits to shine a light on your future!
- \Rightarrow Glow Dance
- \Rightarrow School wide book swap (Thank you so much to those who donated books)
- \Rightarrow School wide book jacket art project
- ⇒ Family Reading Bingo Cards ... and much more!!

Quality Citizenship Recognition -March 2025

École Lacombe Upper Elementary School recognizes the value, necessity and significance of positive, contributing citizens within our school, community and society. It is our goal as a school, in conjunction with the home, to develop and enhance citizenship qualities and characteristics within individuals. This will provide an opportunity for every student in École Lacombe Upper Elementary School to work towards realizing his/her own personal aspirations while making a positive contribution to society as a whole. Students who demonstrate behaviors as delineated in the following criteria shall be eligible for the Quality Citizenship Recognition Award.

- Demonstrate positive interpersonal relationships with peers and adults.
- Demonstrate a consistent high level of responsibility, dependability and cooperation.
- Demonstrate a high level of consideration for the personal feelings and property of others.
- Demonstrate a positive role model in terms of leadership and participation in both school and classroom activities.

This month, the following students are being recognized as outstanding citizens and were treated to a pizza party at the school from Boston Pizza:

| Jackson | Harper | Thea | Gracie |
|---------|--------|--------|--------|
| Emma | Mianne | Elliot | Lynet |
| Gavin | Ronin | Liam | Axel |
| Kate | Jayden | Gunnar | |

Congratulations to these outstanding citizens and also to our Staff of the Month: Miss Rimmer, Mr. Richter and Mrs. Cross



École Lacombe Upper Elementary School

MOCK ROCK IS BACK!!

Our fifteenth annual Mock Rock was a huge success. On Thursday, March 13th the ÉLUE gym was crammed with people eager to see thirteen grade 6 performances. They were not disappointed. Each act was unique, full of energy, had great lip-syncing, super props, excellent costumes and polished choreography.

Those who took to the stage truly gave it their all! The three judges had a very tough job. Selecting the top three performances was quite difficult for Assistant Superintendent, Sonja Dykslag, School Resource Officer, Kristy Walker, Adam Sia, Lacombe Junior High Assistant Principal and Adam Heindel, Terrace Ridge Teacher (our 4 judges). However, they did a great job!

To cap off the evening the staff at ÉLUE put on an amazing performance! "It was a dazzling, show stopper of a performance." Special thanks to all of the staff for the time spent rehearsing, getting costumes, acquiring props and performing.

McLeod's Coral Cod wish to thank everyone who helped make Mock Rock 2025 a huge success! We thoroughly enjoyed putting together the project, performing on stage and most importantly collecting food bank donations for The Lacombe and District Food Bank. This year several hundred pounds of food and cash donations were collected! Also, we wish to recognize our sponsors for making the Mock Rock evening possible. Please see the list below.

THANK YOU TO OUR WONDERFUL SPONSORS

| ACE Automotive | Lacombe Aquatic Centre |
|-------------------|------------------------|
| Almax | Lacombe Co-operators |
| AMA Drilling | Lacombe Dental Clinic |
| Carpet Mart | Lacombe Signmasters |
| Cilantro & Chive | Lacombe Vision Centre |
| Copper Lane | Pinz Plus |
| Danger Star Media | REDS Sports |
| Empire Auto Sales | Rowley's Detailing |
| Hairapy | Servus Credit Union |
| Hanna Seeds | Sobeys Lacombe |
| Havana Homes | Stems |
| Healing Hands | Sunny 94 |
| Home Hardware | Titre Mitre |
| Inline Welding | UFA Lacombe |
| Iron Lab | Wolf Creek Auto Glass |
| Kles-Air | Wolf Creek Cabinets |

1st place: Dwayne Johnson 'Moana'.....""You're Welcome" (Tristan Preugschas)

(Georgia Flett, Preslee Wiart, Emerson Dallas, Brooklyn Sargent)

3rd place: Cyndi Lauper...... Have Fun" "Girls Just Wanna Have Fun" (Ella Gallagher, Brenna Waddell, Saanvi Kotian, Aven Brown)

> Audience Choice Online Contest: Twenty One Pilots ... "Navigating" (Cody Courser, Gunnar Norvila, Matthew Woelke)





Subway Students of the Month – March 2025

• Commencing the fourth week of September and ending the last week of June, each homeroom teacher will select three or four students once a month for this student recognition program.



- Students for this program will demonstrate academic excellence and/or excellent academic effort.
- Students who are chosen for this program will be called to the office by the administration and bring with them the work for which they have been selected. The student will share/discuss the work with the administration.
- A copy of the student's work and the student's picture will be displayed on the Student of the Month boards outside the general office for the following month. The student's name will also be announced.
- Students will receive a certificate highlighting their accomplishment and they will receive a gift coupon from the Student of the Month Sponsor, Subway.
- The administration will make a Happy Call to each student's parents/guardian congratulating the student on his/her accomplishment (s).

| Andie | Lucas | Grace |
|-----------|---------|---------|
| Evelyn | Rowan | Emerson |
| Pierce | Kade | Caleb |
| Benson | Crimsyn | Jax |
| Nash | Karter | Shelbby |
| Carter | Cameron | Cash |
| Brooklyn | Audrey | Maisy |
| Isabel | Liam | Cayden |
| Layla | Carson | Khalel |
| June | Summer | Madison |
| Morisette | Macklin | Will |
| Spencer | Aria | |
| Emily | Gabriel | |
| | | |

School Council Happenings

On March 19th, the Lacombe School Councils welcomed Mr. Rob Reid and Mr. Darcy Blum for the Lacombe Outreach School for a presentation on AI tools. This session provided parents with practical insights on:

- How to choose AI tools responsibly Understanding privacy, security, and educational value. (no more than 15 minutes includes a hands on activity).
- Using AI at home to support learning AI tools by age group (K-3, 4-6, and 7-12) for reading, writing, math, and study skills. 45 minutes.
- Hands-on activities and take-home resources to help parents confidently guide (hopefully!!) their children in using AI effectively at home.

A massive thank you to both Rob and Darcy, as well as Lacombe Composite High School for hosting this informative and engaging presentation.

What was the staff doing on the Staff Collaboration Days?

March 21st was a Staff Collaboration Day where the staff was at school learning, planning, growing, and collaborating on how best to support our students. These are always extremely full and busy days where the staff focuses on both school and division goals. On March 21st we focused on:

- Collaborative grade group meetings where staff talk about best practices in supporting students.
- Exploring new division policies and reviewing ones that already exist.
- Emergency procedures, reporting methods, and best practices for ensuring student safety by supporting individuals through valued attachments.
- Curriculum implementation, intervention groups and planning, and assessment practices.



Resources & Supports for Parents

Alberta Health Services:

Mental Health Literacy website: https://mentalhealthliteracy.org/

> Videos explaining stress: https://youtu.be/jHjkEfwfECo

and for younger children: https://youtu.be/k8FiAxAqqYE

Understanding ADHD: https://youtu.be/xF0CLgM_TI0

Community Education Services

Sign up for free webinars for parents and the community:

https://ces.hmhc.ca/newsletter/

and view the YouTube channel for previously recorded seminars:

https://www.youtube.com/watch?v=ZH-CsK4c6Ic&list=PLi1tOF1I5ZoWtN4oILgPWHEoPP_7gIMdP&index=2

Caregiver Education (AHS Edmonton Zone) www.cyfcaregivereducation.ca

Health Eating Starts Here www.albertahealthservices.ca/nutrition/page12598.aspx

Mental Health for Children & Youth www.albertahealthservices.ca/amh/page2748.aspx



Other Resources

Anxiety Canada

<u>www.anxietycanada.com</u>

Resources and programs to help people better understand and manage anxiety.

Cam's Kids

www.camskids.com

Organization supporting young people with anxiety through anxiety identification and resources.

Depression Hurts

www.depressionhurts.ca

Information, resources, and strategies on depression and other mood related disorders.

Help Guide

www.helpguide.org

Resources to strengthen mental health and well-being, navigate problems, and promote healthy life changes.

It Gets Better

www.itgetsbetter.org Uplift LGBTQ2S+ individuals through resources, education, and connection.

Kelly McGonigal Ted Talk: How To Make Stress Your Friend https://youtu.be/RcGyVTAoXEU

Recommended Books: Drop the Worry Ball by Alex Russell Growth Mindset by Carol Dweck

The Parts of a Parent Reader

A Smart Mind, Eyes, for seeing their child to understand and showing how the importance of reading with their child daily. engaged they are. A Mouth for reading books to their child, Ears, 20 minutes to listen to every day. their child's questions. Hands, A heart, for hugging their child to love and desire a good education for close while reading a their child. favorite book. Books, to share every day with their child to build their language and literacy. Feet, for walking to the library each week to The Children's Reading discover new books. Foundation

<u>Badminton Club</u> <u>Starts Up SOON!</u>

Any interested grade 5 and 6 students are invited to join another one of our after school sport clubs. The purpose of this club is to develop our badminton skills through skill development, drills and game play. Starting after Spring Break, badminton will run after school three nights of the week. The starting date will be determined after Spring Break. Grade 5 and 6 students will choose one night after school to attend.



Watch the announcements for more information after Spring Break!



After School Basketball

Mr. Miller would like to thank our after school basketball club players for making a commitment to come out to practice. We had a great time learning skills, doing drills and playing some fantastic games. We are very impressed with the growth of our athletes!!

Music Notes



CHOIR KIDS 2025

-Mr. Epp

On Monday, April 14 Music Club will be singing at an event called Choir Kids in Red Deer. This is an event where we get to sing our songs accompanied by members of the Red Deer Symphony Orchestra together with some other kid's choirs from Central Alberta. This will take place at Gaetz Memorial United Church on Monday, April 14 at 7:30 p.m. Tickets will go on sale starting Tuesday, April 1 at 9:00 am and can be purchased online at https://www.rdso.ca/

GRADE SIX CONCERT -Mr. Epp

On <u>Wednesday, April 30</u> at 2:00 p.m. (open dress rehearsal) and 7:00 p.m. (main show) the gym at our school is going to rock with the sounds of about 120 Grade six students drumming and singing their hearts out. Part of the performance will be a STOMP style percussion show highlighting the musical sounds of the... pail!!! So please take a bit of time out of your busy schedules and come out and support our students as they give their best on the stage. We'd love to see you there!

Grade 6 Outdoor School is coming up soon!

As part of the Alternative Environments component of the Alberta Physical Education curriculum, the grade six team at ÉLUE is organizing an Outdoor School Program. This program is offered to all grade six students. Camp one is June 2, 3, 4 Mrs. Mackay-Hawkins and Mr. Rankin. Camp two is June 4, 5, 6 M. Durocher, Mrs. McLeod and Mr. Richter. Camp cost is \$240 per student which covers, meals, lodging, transportation and supplies. Outdoor School forms will come home after Spring Break!

Wonderful Wednesday!

As we head into spring, we are looking ahead to our 36th annual Wonderful Wednesday activity day. For more than 30 years, our students have had the opportunity to take part in a fun-filled day of crafting, sports, touring local businesses and many other activities. This year this event will be held on Wednesday, June 4.

Watch for more information to come regarding Wonderful Wednesday as we work on planning activities for our students.

We are looking for parent volunteer drivers, please call or email the school if you are able to help on June 4.



Yearbooks are available for purchase on the Parent Portal now! Only 150 copies available, get yours before they are gone!! Cost is \$15



The Burman University Acronaires will be presenting our 2024-25 Homeshow on Friday, April 4 at 5:00 PM at the Burman University Physical Education Centre. The Acronaires are a group of highschool and college age students who combine gymnastics, tumbling, acrobatics, and comedy to produce a fastpaced and visually exciting performance for the entire family. An additional feature this year will be an International Food Fair immediately following the show (approx. 6:30 PM) where you will be able to purchase many delicious food items for your supper. There is no admission charge but an offering will be collected. The physical education centre is located at: 6415 Univeristy Dr. Lacombe, AB T4L 2A8.

Phone for more information: 403-782-2822 Come join us for an evening of exciting entertainment and delicious food!

| | | OL BU | s C | | | |
|---------------|--|-------|-----|-----|--|--|
| | | | | | | |
| | Riders of the Month March | | | | | |
| 6 | Lachlyn Theis | Gr. 4 | L16 | 000 | | |
| 000 | Jude Nason | Gr. 4 | L3 | 000 | | |
| 0 | Liv Vink | Gr. 5 | L19 | 0.0 | | |
| 0 | Molly Jones | Gr. 5 | L14 | 000 | | |
| 000 | Gavin Wierenga | Gr. 5 | L4 | 000 | | |
| Sponsored by: | | | | | | |
| | | | | | | |

McMan 50th Anniversary

Hello From McMan Foster Care

I am reaching out to you today to request your support in getting the message to your community members that McMan is actively recruiting Foster Homes in your area. Foster Care on a provincial level is in crisis, with the need ever growing. McMan has been contracted to provide 30 new beds within the Central region, and it is hoped that our community partners will support this cause by fanning out the attached recruitment poster on their Facebook pages, interagency newsletters, digital community bulletin boards, within their own office locations, and any additional avenues open to do so. This is an urgent call to action, so all support is valuable and appreciated. If you have any questions or concerns, please do not hesitate to contact me directly. I will be happy to answer all questions you may have.

Jacki Collisson

Foster Care Recruitment McMan Central

403-227-5580 ext. 106





every child IS ONE CARING ADULT AWAY FROM BEING A SUCCESS STORY





- \$10 Drop In
- Lacombe Upper Elementary School
- Upcoming Dates: March 21st, 28th, April 4th, 18th, May 2nd, 9th.
- Grade 3-6: 6:00-7:30pm
- Grade 7-9: 7:30-9:00pm



April 2025

Sun

Mon

Tue

Wed

Thu

Fri

Sat

| | | 1 | 2 | 3 | 4 | 5 |
|----|---|--|---|--|---|----|
| | | | Subway Hot Lunch | | Mackay- Hawkins Hot Dog Day | |
| 6 | 7 | 8 | 9 BP's Pizza Hot Lunch | 10 Durocher/ Richter Edmonton Field Trip | 11 Staff PD/ Collaboration Day | 12 |
| 13 | 14 Music Club Choir Kids 7:30 pm | 15 | 16 McLeod/ Rankin Edmonton Field Trip | 17 Oishedesu Hot Lunch | 18 Jeriday | 19 |
| 20 | 21 Easter Monday | 22 Parent Council Popcorn Day | Eastside Eatery Chilli Hot Lunch | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 Quality Citizen BP's Lunch | | | |

Mav 2025 Thu Sun Tue Wed Mon Fri Sat 3 1 2 Class Photos 8 6 5 7 9 10 4 16 13 15 17 11 12 14 Mackay-Hawkins Staff PD/

| | Edmonton Field Trip | | | | Collaboration Day | |
|----|------------------------------------|------------------------|-----------------------|----|----------------------|----|
| 18 | 19 Victoria Day No School | 20 EDO No School | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 Grade 6 ELA PAT | 29 | 30 | 31 |